

## Green Salads

**\$10.95 unless noted**

### Garden Salad

sm \$5.25/ lg \$9.50  
Lettuce, tomato, red onion,  
cucumber, carrot, black olives

### Mediterranean

Lettuce, tomato, red onion,  
cucumber, kalamata olives, feta,  
hummus & multigrain flatbread

### Antipasto

Lettuce, tomato, red onion, hot  
salami, provolone, sun-dried  
tomatoes, kalamata olives &  
portobello mushroom

### Caesar Salad

sm \$5.25/ lg \$9.50  
Romaine lettuce, croutons,  
parmesan, dressing,  
anchovies optional

### Spinach

Baby spinach, carrots, red  
onions, slivered almonds,  
dried cranberries & goat  
cheese

### Tex-Mex

Lettuce, tomato, red onion,  
black olives, roasted red  
peppers, guacamole  
& black beans

## Dressings

Balsamic Vinaigrette, Parmesan Peppercorn Ranch, Caesar, Italian,  
Blue Cheese, Rasp Vinaigrette, Honey Mustard

## Additions

**Add \$2.95**

Tuna Salad, Chicken Salad, Roast Chicken Breast, Roasted Tofu

### About us...

Since 1986 The Black Sheep has been serving the Pioneer Valley with an uncompromising commitment to quality food. We are a delicatessen, all-butter scratch bakery, and café. We make our award-winning sandwiches using the finest quality meats and cheeses, fresh vegetables, and our own freshly baked breads. Our bakers are in every night making delicious croissants, danish, muffins, scones, rolls, and breads. Our pastry chefs work daily to create beautiful cookies and pastries. Our café serves freshly roasted Dean's Beans organic, fair trade coffees, a large assortment of fine teas, homemade chai, cider, and hot chocolate. Our catering department offers desserts, appetizers, breakfasts, luncheons and dinners for pick up or delivery. We believe that good food, good coffee and good company go hand in hand. The Black Sheep is a great place to meet friends for coffee or lunch, enjoy our weekly live music, or sit and work. We believe in being a gathering place for our community.

### The Black Sheep Deli

**Having Fun With Food Since 1986**



## Deli Salads

### Mediterranean Pasta Salad

\$8.95 /lb  
Pasta with red onion, bell  
peppers, olives, feta,  
vinaigrette & fresh herbs

### Pesto Tortellini Salad

\$8.95 /lb  
Cheese tortellini, caramelized  
onion, roasted red peppers,  
spinach, and pesto

### Red Potato Salad

\$5.95/lb  
Red potatoes, onions & celery in  
herbed mayo dressing

### Vegan Potato Salad

\$5.95/lb  
Red potatoes, red peppers,  
capers, scallions in a mustard  
vinaigrette

### Tarragon Chicken Salad

\$13.95 /lb  
Roasted chicken breast, celery,  
tarragon, walnuts, sour cream,  
mayo

### Fresh Fruit Salad

Watermelon, cantaloupe,  
honeydew, pineapple and grapes  
\$8.95/lb

### Tuna Salad

\$8.95/lb  
Traditional tuna salad made  
with celery, red onion, & mayo  
dressing

### Ask about our seasonal salads

## Breakfast Sandwiches

**All Sandwiches are \$6.95 (unless noted)**

### The Basic

\$5.25  
Baked egg square on your choice  
of roll, bagel or croissant

### The Classic

Baked egg square, bacon,  
cheddar on a buttered bagel

### Florentine

Baked egg square, Goat cheese,  
spinach, roasted red peppers,  
sun-dried tomato pesto on  
Focaccia

### The All American

Baked egg square, American  
cheese, sausage patty on a  
buttermilk biscuit

### Hamlet

Baked egg square, Black Forest  
Ham, Swiss Cheese, roasted red  
peppers, raspberry mustard on a  
croissant

### Santa Fe

Baked egg square, black beans,  
pepper jack, guacamole, tomato,  
red onion, hot sauce in a wrap

### Longhorn

Baked egg square, roast beef,  
American cheese, red onion,  
herb & garlic mayo on a  
croissant

### Gouda Morning

Baked egg square, smoked  
gouda, spinach, tomato,  
basil pesto on sour dough

# The Black Sheep

## Deli Menu



79 Main St Amherst, MA 01002

(413) 253-3442 blacksheepdeli.com blacksheepdeli@gmail.com

*Delivery Available with 48 hours notice!*

## Specialty Sandwiches

**Half \$6.50 / Full \$11.95**

### The Californian

Roasted turkey, sun-dried  
tomato pesto, red onion &  
spinach on sour dough French

### Triple Bypass

Overstuffed with 1/3 lb roast  
beef, Swiss & Russian dressing  
on rye

### The European

Black forest ham, brie,  
tomatoes, lettuce & red onion  
on sour dough French

### Green Monster

Roasted chicken, basil pesto,  
lettuce, tomatoes & roasted red  
peppers on a baguette

### Nick's Pick

Hot, house-made corned beef,  
Swiss,  
Russian dressing & coleslaw  
on rye

### Carnivore

Overstuffed with 1/3 lb of  
roast beef, horseradish mayo  
& red onions on sour dough  
French

### Parma Express

Prosciutto, parmesan & olive  
oil on a baguette

### That's Italian

Genoa salami, hot coppa,  
provolone, sun-dried  
tomatoes, lettuce, olive oil &  
balsamic vinegar on a baguette

### TNT

Roasted turkey, portobellos,  
roasted red peppers, olive  
tapenade,  
spinach & red onions  
on a baguette

### Chicken Caesar Wrap

Roasted chicken, romaine,  
Caesar dressing, parmesan,  
roasted red peppers & red onions  
in a white or wheat wrap

### Second Avenue

1/3 lb Hot pastrami, Swiss &  
country mustard on rye

### The New Yorker

Nova salmon, red onions,  
tomatoes & cream cheese on rye  
or a bagel

### Valley Girl

Smoked turkey, brie, tomatoes,  
lettuce & honeycup mustard on a  
baguette

## More Specialty Sandwiches

**Half \$6.75 Full \$12.25**

### Southern Comfort

Buffalo chicken, bacon, pepper jack cheese, spicy mayo, lettuce, tomatoes & red onions on a baguette

### Southwest Chicken

Roasted chicken, hot sauce, cheddar, lettuce, tomato, red onion & guacamole on a baguette

### The Combo

Genoa salami, Black forest ham, provolone, roasted red peppers, black olives, tomatoes, red onions, lettuce, olive oil & balsamic vinegar on a baguette

### The Club

Roasted turkey, bacon, cheddar, lettuce, tomatoes, red onion & mayo on whole wheat bread

### Fowl Play

Roasted chicken, bacon, cheddar, lettuce, tomatoes, herb & garlic mayo on a baguette

**Breads are baked fresh daily and subject to availability**

## Vegetarian Specialty Sandwiches

**Half \$6.25 Full \$11.75**

### The Black Sheep Baguette

Fresh mozzarella, sun-dried tomatoes, pesto & balsamic vinegar on a baguette

### Jaime's Vegetarian

Hummus, herb & garlic cream cheese, carrots, cucumbers, red onions, tomatoes, lettuce in a wrap

### Herbivore

Feta, black olives, roasted red peppers, red onions, lettuce, tomatoes in a wrap

### Smokey Joe's

Smoked gouda, tomatoes, spinach, roasted red peppers, olive oil & balsamic vinegar on a baguette

**Half \$6.25 Full \$11.75**

### East Meets West

Roasted tofu, carrots, red onions, roasted garlic sauce & peanut hoisin sauce on a baguette **(vegan)**

### The Great Garlic

Goat cheese, lettuce, kalamata olives, portobellos, roasted red peppers & caramelized garlic on a baguette

## Build Your Own Sandwich

**Half \$4.95/ Full \$9.50**

Roasted Chicken  
Buffalo Chicken  
Chicken Salad  
Roasted Turkey  
Smoked Turkey  
Black Forest Ham  
Prosciutto  
Hot Capicola Salami  
Genoa Salami  
Pastrami  
House-Made Corned Beef  
Roast Beef  
Whitefish Salad  
Nova Salmon  
Cheese  
Applewood Smoked Bacon  
Tuna  
Tofu

**Half \$3.75/ Full \$7.25**

Veggies Only

**Half \$2.50/ Full \$4.50**

Peanut Butter and Jelly

## Veggies

**\$0.50 each**

Lettuce, Tomatoes, Olives,  
Red Onions, Carrots,  
Cucumbers, Roasted Red  
Peppers, Capers, Spinach,  
Hot Peppers,  
Banana Peppers, Pickles

## Add Ons

**Add \$.95:**

Cheddar  
Swiss  
Provolone  
American  
Pepper Jack  
Smoked Gouda  
Cream Cheese  
Parmesan  
Kalamata Olives  
Peanut Hoisin

**Add \$1.95**

Brie  
Feta  
Goat  
Fresh Mozzarella  
Guacamole  
Basil Pesto  
Sun-dried Tomato Pesto  
Caramelized Garlic  
Black Olive Tapenade  
Hummus  
Marinated Portobello

**Free:**

**Mustards:** Dijon, Brown  
Deli Style, Honeycup,  
Raspberry & Whole Grain  
Country Style

**Mayos:** Plain, Garlic & Herb,  
Horseradish, Spicy

**Add \$1.99**

Bacon

## Events at The Black Sheep Deli

## Live Music

**Every Saturday:**

Masala Jazz / Other  
**11:30am-1:30pm**

**Sundays:**

The Catalytics  
**11am-1pm**

Visit our Facebook page and website for more information on upcoming events !



**Need a place for your party, meeting or event? You can rent our dining room!**

Call us to learn more.

